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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Salisbury Beef: soy, milk, wheat Mushroom Gravy: wheat Buttered Rice: soy, milk Capri Vegetables Multi-Grain Bread: wheat, milk, soy Mandarin Oranges</p>	<p>Sausage w/ Onions and Peppers Garden Vegetables: soy, milk Mixed Green Salad WW Hot Dog Bun: wheat, soy Hot Spiced Apples Salad Dressing: egg, milk, soy</p>	<p>Beef Stroganoff: wheat, soy, milk WG Penne Pasta: wheat, soy Roasted Baby Carrots: soy Whole Grain Roll: wheat Mixed Fruit</p>	<p>Potato Crusted Pollock: fish, wheat, milk Crispy Cubed Potatoes: wheat Tuscany Vegetables Multi-Grain Bread: wheat, milk, soy Fresh Plum Tartar Sauce Packet: soy, egg</p>	<p>Asian Chicken Salad: wheat, soy Gelatin Fresh Banana</p>
<p>Cheesy Potato Soup - milk, soy, wheat Cinnamon Butternut Squash - soy Garden Vegetables Unsalted Crackers - wheat, soy Diced Apples</p>	<p>Pork Roast Red-Eyed Gravy - soy Northern Beans - soy Garlic Spinach - soy Multi-Grain Bread - wheat, milk, soy Fresh Orange</p>	<p>Chicken Pot Pie - soy, wheat, milk Green Beans Mixed Green Salad Whole Wheat Bread - wheat Hot Mixed Fruit Salad Dressing - egg, milk, soy</p>	<p>Whole Grain Breaded Fish - fish, wheat Whole Kernel Corn Coleslaw - egg, soy Whole Wheat Hamburger Bun - wheat, soy Peach Crisp - soy, milk, wheat Tartar Sauce Packet: soy, egg</p>	<p>Baked Chicken Breast Mediterranean Sauce - milk Rigatoni Pasta - soy Tuscany Vegetable Blend Whole Grain Roll - wheat Fresh Banana</p>
<p>Lasagna Casserole - milk, wheat Yellow Squash Mixed Vegetables WG Garlic Breadstick - milk, soy, wheat Fresh Orange</p>	<p>Stuffed Salmon - fish, wheat, soy, milk, egg Dill Sauce - soy, wheat Brown Rice California Vegetables Multi-Grain Bread - wheat, milk, soy Fresh Apple</p>	<p>Sliced Turkey Breast Cranberry Sauce Fall Vegetable Hash Green Beans - soy, milk Whole Grain Roll - wheat Fresh Banana</p>	<p>Cajun Chicken & Sausage Pasta - wheat, soy Whole Kernel Corn Brussels Sprouts Whole Wheat Bread - wheat Mandarin Oranges</p>	<p>Beef Chili w/Beans Parslied Potatoes - soy, milk Mixed Green Salad Unsalted Crackers - wheat, soy Apple Raisin Compote Salad Dressing - egg, milk, soy Sour Cream - milk</p>
<p>Cheese Omelet w/Salsa - milk, egg Shredded Cheese - milk Fiesta Vegetables Spinach - soy Whole Wheat Tortilla - wheat, soy Fresh Apple</p>	<p>Salisbury Beef - milk, soy, wheat Mushroom Sauce - milk, soy, wheat Whipped Potatoes - milk, soy French Green Beans Whole Wheat Bread - wheat Fresh Banana</p>	<p>Chicken Tortilla Soup - soy Sliced Carrots Tossed Spinach Salad Cornbread - soy, wheat Hot Pineapple Tidbits Salad Dressing - egg, milk, soy</p>	<p>Beef Patty - soy Lettuce & Tomato Garden Vegetables Baked Beans Whole Wheat Hamburger Bun - wheat, soy Fresh Orange</p>	<p>Sweet & Sour Pork over Jasmine Rice Japanese Vegetables - soy, milk Mixed Green Salad w/Dressing Whole Wheat Bread - wheat Hot Diced Peaches - soy</p>
<p>Meatloaf w/Gravy - egg, milk, soy, whea Country Potatoes - milk, soy Sliced Carrots Multi-Grain Bread - wheat, milk, soy Diced Pears</p>	<p>Bruschetta Chicken - milk Garlic & Red Pepper Penne - wheat, soy Spinach Multi-Grain Bread - wheat, milk, soy Apple Crisp - wheat, soy, milk</p>	<p>Beef Taco Meat - wheat Lettuce & Tomato O'Brien Potatoes - soy, milk Fiesta Vegetables Whole Wheat Tortilla - wheat, soy Citrus Fruit</p>	<p>Lemon Pepper Fish - fish, wheat Parslied Rice - soy California Vegetable Blend Whole Wheat Bread - wheat Fresh Banana Tartar Sauce Packet: soy, egg</p>	

Milk is served with every meal. Allergen in milk is milk.

 Menu with > 1,000 mg sodium